



Small Groups

Central now has three new small groups starting up. Below are the descriptions for each topic offered. Please contact the church office at 704-739-2471 or a group leader to get registered.

Have we become so preoccupied with the major sins of our society such as stealing, murder or adultery, that we have lost sight of our need to deal with our own, subtler sins? In his book, *Respectable Sin*, Jerry Bridges addresses a number of specific “acceptable” sins that we tend to tolerate in ourselves—such as jealousy, anger, judgmentalism, selfishness, and pride. He goes on to offer a message of hope in the profound mercy of the gospel and the transforming grace of God as the means to overcome our “respectable sins.” In this small group study we will identify and address the Sins that have become “acceptable” in our lives and draw closer to the word of God as a means to overcome such sins.

Led by: Stephanie and Todd Wilson starting 2/23/2020

When: Sundays 6:00 pm - 8:00 pm, dinner and child care provided

Where: The Wilson's home

How should Christians live? Paul shows us a truly Christian way to live our lives. It is the way of the Spirit of God given to us through Christ: “Walk by the Spirit . . . led by the Spirit . . . live by the Spirit . . . keep in step with the Spirit.” That is the heart and soul of Christian living. It is the center and secret of what it means to be a person who belongs to Christ. This small group invites us to live a life in step with the Spirit by cultivating the fruit of the Spirit: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. The purpose behind this small group is to feed on the Word of God, grow in Christlikeness, and live a fruitful life by studying Christopher Wright’s *Cultivating the Fruit of the Spirit*.

Led by: Gene Bragg starting 2/25/2020

When: Tuesdays 10:30 am – 11:30 am

Where: Central UMC in the Asbury Room

Worried about tomorrow? Has anxiety become a way of life? The solution is found in Philippians 4:4-8. No one is exempt from anxiety so we will learn to let this scripture surround us and fill us with the strength to face each day. Let’s step through the pages of *Anxious for Nothing* by Max Lucado. In 6 weeks we will walk through each of the worry busting steps that Paul lays out in this passage.

Led by: Audrey Brooks starting 2/16/2020

When: Sundays 4 pm- 5:30 pm

Where: Central UMC Asbury Room

Central
United Methodist Church